

COVID-19 Update 08-26-22

Drop Off and Pick Up

Parents and guardians are welcome to enter the classroom to pick up and drop off children and gather belongings at your child's cubby. To minimize exposure for other children in the classroom, we ask that parents do not linger longer than necessary to communicate with the teacher and gather belongings. We highly recommend parents who are ill coordinate another individual to drop off and pick up. If you cannot, and have not had a known COVID-19 exposure, please wear a mask at pick up and drop off. If you have had a known exposure to COVID-19, you must wear a mask indoors as well.

Face Coverings

As a general rule face coverings will not be required for staff and students [as long as the community transmission rates remain low to moderate as determined by the CDC](#). In certain instances, such as after a COVID exposure, a surgical, KN-95, or N-95 mask will be required for everyone 3 years of age and older. Staff and students who would like to wear a face covering are welcome to do so anytime. We will encourage a welcoming environment for all. If you are in need of a mask, we can provide one to you at no charge.

Exclusion Criteria

We ask that if your child is displaying signs of any infectious illness that you keep them home until they are feeling better. The most common COVID-19 symptoms for children are fever and cough. However, children are less likely than adults to present with a fever, and are more likely to have mild or even sub-clinical infection. **Your child should remain home until COVID-19 can be ruled out with a COVID-19 PCR or rapid antigen test.**

COVID-19 testing is available at Lakeland's Little Learners while supplies last. Otherwise a plan of care should be coordinated with your primary healthcare provider.

Children should stay home if they have experienced one of the following symptoms above their baseline within the last 24 hours:

- Cough
- Fever (measured or subjective), or chills
- Shortness of breath
- Difficulty breathing
- New loss of smell or taste
- New confusion
- Persistent pain or pressure in the chest
- Pale, gray, or blue-colored skin, lips or nail beds, depending on skin tone
- Inability to wake or stay awake

OR at least two of the following symptoms in the last 24 hours:

- Myalgia (muscle aches)
- Headache
- Sore throat
- Fatigue
- Muscle or body aches
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

These symptom criteria apply to COVID-19-related exclusion. Other symptoms may also require exclusion for a different communicable disease. Generally, children with fever, diarrhea,

or vomiting alone should stay home for at least 24 hours, even if it is unrelated to COVID-19 infection.

Return to School Criteria

Staff and Students who test negative and have symptoms:

- The symptomatic student or staff member may return to school as long as they have been fever-free without the use of fever-reducing medications with other symptom improvement for at least 24 hours.
- Staff are required to wear a face-covering until symptoms have resolved. We highly recommend children 2 and up to wear a face-covering until symptoms have resolved as well.
- If diagnosed with another condition, the individual must complete the exclusion period for the diagnosed disease as listed on the [Wisconsin Childhood Communicable Diseases Wall Chart](#).

Staff and Students who do not test, but meet the symptom criteria:

- The individual must remain home for at least 5 days since the first symptoms began (symptom onset being day 0) AND wear a well-fitting mask through day 10 after symptoms began AND be fever-free without the use of fever-reducing medications for 24 hours AND with improvement of symptoms.
- Without proper mask usage, the individual should remain home for 10 days after symptom onset.

If you test Positive for COVID-19 follow the isolation guidelines below.

We follow the [CDC guidelines for isolation](#) directly.

If you had no [symptoms](#)

- Day 0 is the day you were tested (not the day you received your positive test result).
- Day 1 is the first full day following the day you were tested.
- If you develop symptoms within 10 days of when you were tested, the clock restarts at day 0 on the day of symptom onset.

If you had [symptoms](#)

- Day 0 of isolation is the day of symptom onset, regardless of when you tested positive
- Day 1 is the first full day after the day your symptoms started

If you test positive for COVID-19, stay home for at least 5 days and isolate from others in your home. You are likely most infectious during these first 5 days.

*Adults and children who had a confirmed or antigen probable case of COVID-19 within the previous **30** days and subsequently recovered and remain without COVID-19 symptoms do not need to get tested.

Ending Isolation

Ending isolation is dependent on how severe your symptoms were.

- If you had no symptoms, you may end isolation after day 5.
- If you had symptoms, you may end isolation after day 5 if:
 - You are fever-free for 24 hours (without the use of fever-reducing medication)
 - Your symptoms are improving. If you still have fever or your other symptoms have not improved, continue to isolate until they improve.

If you had [moderate illness](#) (if you experienced shortness of breath or had difficulty breathing), or [severe illness](#) (you were hospitalized) due to COVID-19, or you have a weakened immune system, you need to isolate through day 10.

Removing your mask

After you have ended isolation, when you are feeling better (no fever without the use of fever-reducing medications and symptoms improving),

- Wear your mask through day 10.

OR

- If you have access to antigen tests, you should consider using them. With two sequential negative tests 48 hours apart, you may remove your mask sooner than day 10.

Note: If your antigen test results are positive, you may still be infectious. You should continue wearing a mask and wait at least 48 hours before taking another test.

Continue taking antigen tests at least 48 hours apart until you have two sequential negative results. This may mean you need to continue wearing a mask and testing beyond day 10.

After you have ended isolation, if your COVID-19 symptoms recur or worsen, restart your isolation at day 0. Talk to a healthcare provider if you have questions about your symptoms or when to end isolation.

What to do if you were exposed to COVID-19

Children Three and Older:

- You should start precautions immediately. Wear a surgical, KN-95, or N-95 mask as soon as you find out you were exposed. You may continue to attend care after an exposure, but must follow the guidelines below.
 - Day 0 is the day of your last exposure to someone with COVID-19.
 - Day 1 is the first full day after your last exposure.
 - Get tested on Day 6. Test even if you do not develop symptoms.
 - Continue precautions for 10 full days.

Children Two and Under:

- You should quarantine at home for 5 days from the last date of exposure.
- Get tested on Day 6.
- If you remain symptom free, and test negative on Day 6, you may return to care on Day 6.
- **If your child is exposed here at LLL to COVID-19, and you are required to quarantine on your normally scheduled day, you will be credited tuition for the required quarantine period up to 5 days per exposure.**

If you develop symptoms after an exposure, a negative PCR test will be required prior to return to care. In addition, all symptoms must be resolved prior to return.