

OCTOBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cheese Omlette Pepper & Dip Applesauce English Muffin	2 Chicken Pot Pie Peaches	3 Cheese Pizza Green Bean Mandarin Oranges
6 Peanut Butter & Jelly Carrots & Dip Banana	7 Baked Chicken Carrots Pears Bread & Butter	8 Italian Goulash Green Beans Pineapples	9 Grilled Cheese Tomato Soup Pears	10 French Toast Sausage Apple Sauce Cucumber & Dip
13 Hamburgers Corn Mandarin Oranges	14 Zucchini Pancakes Sausage Banana	15 Beef Stroganoff Peas Pineapple	16 Cheese Ravioli Green Beans Pears	17 Teriyaki Chicken Brown Rice California Blend Applesauce
20 Chicken Nuggets Peas Pineapples	21 Spaghetti w/ meat sauce Green Beans Pears	22 Peanut Butter & Jelly Cucumber & Dip Cuties	23 Chicken Quesadillas Corn Peaches	24 Turkey & Cheese Sandwich Carrots & Dip Banana
27 Chicken Casserole Carrots Pears	28 Macaroni & Cheese Green Beans Mandarin Oranges	29 Sloppy Joe Peas Apple Slices	30 Cheese Omelette Peppers & Dip Apple Sauce English Muffin	31 Chicken Tacos Corn Peaches

LUNCH

OCTOBER 2025

PRE-SCHOOL SNACK

Monday	Tuesday	Wednesday	Thursday	Friday
		1 AM: Apple Sauce PM: Cheerios	2 AM: Cheese Cubes PM: Triscuits	3 AM: Chex Cereal PM: Cheez - It
6 AM: Fig Bar PM: Club Cracker	7 AM: Toasted Oats PM: Banana	8 AM: Goldfish PM: Wheat Thins	9 AM: Apple Slices PM: Ritz Crackers	10 AM: Peaches PM: Rice Cakes
13 AM: Triscuits PM: Chex Cereal	14 AM: Rice Cereal PM: Yogurt	15 AM: Fruit & Grain Bar PM: Goldfish	16 AM: Club Cracker PM: Cheez Its	17 AM: Goldfish PM: Cheerios
20 AM: Rice Cereal PM: Mandarin Oranges	21 AM: Cheese Cubs PM: Applese	22 AM: Cucumber & Dip PM: String Cheese	23 AM: Cheerios PM: Canned Pears	24 AM: Chex Cereal PM: Fig Bar
27 AM: Oatmeal & Applesauce PM: Rice Cereal	28 AM: Peanut Butter Crackers PM: Trail Mix	29 AM: Banana Ghose PM: Cuties	30 AM: Yogurt PM: Fruit & Grain Bar	31 AM: Ritz Crackers PM: Applesauce

OCTOBER 2025

INFANT & TODDLER

Monday	Tuesday	Wednesday	Thursday	Friday
		1 AM: Apple Sauce PM: Cherrios	2 AM: Cheese Cubes PM: Club Crackers	3 AM: Chex Cereal PM: Cheez - It
6 AM: Fig Bar PM: Saltine Cracker	7 AM: Toasted Oats PM: Banana	8 AM: Goldfish PM: Wheat Thins	9 AM: Apple Slices PM: Ritz Crackers	10 AM: Peaches PM: Rice Cakes
13 AM: Triscuits PM: Chex Cereal	14 AM: Rice Cereal PM: Yogurt	15 AM: Fruit & Grain Bar PM: Goldfish	16 AM: Club Cracker PM: Cheez Its	17 AM: Goldfish PM: Cheerios
20 AM: Rice Cereal PM: Mandarin Oranges	21 AM: Cheese Cubs PM: Applese	22 AM: Cucumber & Dip PM: String Cheese	23 AM: Cheerios PM: Canned Pears	24 AM: Chex Cereal PM: Fig Bar
27 AM: Oatmeal & Applesauce PM: Rice Cereal	28 AM: Peanut Butter Crackers PM: Trail Mix	29 AM: Banana Ghose PM: Cuties	30 AM: Yogurt PM: Fruit & Grain Bar	31 AM: Ritz Crackers PM: Applesauce